

AGING BIOLOGY UPDATE

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IN THE BASIC BIOLOGY OF AGING**

Featured

[Greater gender equality is associated with longer life expectancy for both sexes](#)

[Is aging a software design flaw?](#)

Headline vs Study

Headline: [Women show signs of cellular aging at 19 that hit men at age 40](#)

Study: [The human pathome shows sex-specific aging patterns post-development](#)

Headline: [Researchers discover a new way to fight the aging process and cancer development](#)

Study: [The DREAM complex functions as conserved master regulator of somatic DNA-repair capacities](#)

Headline: [Getting around muscle aging by modulating the function of immune cells](#)

Study: [Aging disrupts MANF-mediated immune modulation during skeletal muscle regeneration](#)

Contrary or Null Findings

[Dutch study finds plant-based diet is not associated with reduced cognitive aging](#)

Energetics/Nutrition

[Reduced force, not speed, explains declining muscle performance in active 70-year-olds](#)

[Maternal rat protein restriction influences circulating steroids in a sex and age-specific manner](#)

[Aging, energetics, brain volume and cardiovascular health in the Tsimane and Moseten](#)

[Effects of parental dietary restriction on offspring fitness and lifespan in *D. melanogaster*](#)

[Aging and obesity modify the epigenome and transcriptome of adipose stem cells in male mice](#)

Review: [Adipose thermogenesis, aging and age-related diseases](#)

Review: [Diet and the cellular hallmarks of aging in humans](#)

Basic Biology

[Muscle-specific PARP1 inhibition extends life in *Drosophila*](#)

[Hypothalamic Menin regulates systemic aging and cognitive decline in male mice](#)

[Aging-related transcriptional activation of Jun and Fos family conserved across short- and long-lived mouse strains](#)

[Olfactory dysfunction occurs early in aging C57BL/6J mice](#)

The FEBS Journal Special Issue: [Cellular senescence in aging and disease](#)

[Small heat shock proteins: molecular chaperones in the mitochondrial intermembrane space](#)

[Sex differences in markers of oxidation and inflammation in mice, rats and humans](#)

[Senolytic treatment reduces SARS-CoV-2-related mortality in mice](#)

[Rescue of mitochondrial membrane potential extends *C. elegans* life](#)

[Preserved mitochondrial membrane potential required for lifespan extension from dietary restriction in *C. elegans*](#)

[Proteomic basis of human longevity mediated by FOXO3 longevity genotype](#)

[Regulation of the AMPK/mTOR axis delays tendon aging in male rats](#)

[A molecular complex that regulates DNA repair in *C. elegans*](#)

Model: [Dynamic modeling of the cellular senescence gene regulatory network](#)

Review: [Non-canonical autophagy in aging and age-related diseases](#)

Review: [Sex differences in inflammation and muscle wasting in aging and disease](#)

Review: [Hsp90 function in plants and animals](#)

Review: [Epigenetic rejuvenation by partial reprogramming](#)

Ecology & Evolution

[Maternal age effects on offspring lifespan vary within species: data from a rotifer](#)

[Aging, lifespan and male mitochondrial mutation accumulation](#)

Emerging Aging Models

[Life expectancy tables for dogs and cats derived from clinical data](#)

[Impaired fin regeneration and angiogenesis in aged zebrafish and turquoise killifish](#)

Going to the dogs: translational opportunities from veterinary biobanks

Novel Organisms/Comparative

Longitudinal telomere dynamics within natural lifespans of free-living house sparrows (*Passer domesticus*)

Sex-specific innate immunity and ageing in long-lived freshwater turtle (*Kinosternon flavescens*)

Immune genotypes, immune responses, and longevity in a wild bird population

Zebra finch mitochondrial function declines with age but is not associated with mortality risk.

Fish species lifespan prediction from promoter CpG density

Mortality and life expectancy in European hedgehogs (*Erinaceus europaeus*)

Maximum tree lifespans: small samples suggest exceptionally long-lives

Spermidine dietary supplementation, survival and lifespan in honeybees

Age estimation based on blood DNA methylation levels in brown bears

Review: Stem cells and plant longevity variation

Review: Mitochondrial ROS, oxidative stress and aging within and between species

Epidemiology/Demography

Modifiable risk factors are associated with longevity

Distribution of APOE alleles in Europe from 12,000 BCE to the present

Network topologies for maximal organismal health span and lifespan

Menstrual lifespan, depression and healthy longevity in Chinese women 80 years and older

Successful Finnish agers still successful at 20-year follow-up

Proteomic basis of mortality resilience in men of Japanese ancestry living in Hawai'i mediated by FOXO3 longevity genotype

Intergenerational educational trajectories and longevity inequalities

SNAP! Food insufficiency associated with accelerated cognitive decline in older adults

What makes women "tough" beyond age 60?

Clinical

Multisite chronic pain linked with increased dementia risk

Caregiving

Caregivers' experiences affect care recipients' cognitive performance

Hospice profit status affects caregivers' experiences

Policy/Ethics

[The fate of surplus laboratory animals](#)

[Evolutionary game analysis suggests regulatory strategies for Chinese pension systems](#)

Commentary

[Spell-checker for statistics reduces errors](#)

[The rapid growth of mega-journals: threats and opportunities](#)

Odd and Ends

[Creativity not as affected by age as you might think](#)

Aging Biology Update is brought to you by the UAB Nathan Shock Center and compiled by Kathleen Fischer, Jessica Hoffman, Heather Patterson, and Steven Austad.

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